

Dakota School Lunch Menu October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. Taco Meat, Cheese, Romaine Lettuce Tomatoes/Salsa, Refried Beans, 3 Bean Salad Mixed Fruit	2. Pulled Pork WG Bun Coleslaw Corn Apple Slices, Raisins	3. Orange Chicken Fried Rice Broccoli Fortune Cookie Mandarin Oranges	4. Mac & Cheese Glazed Carrots WG Garlic Toast Strawberries
7. Chicken Tenders WG Dinner Roll Carrots Mashed Potatoes, Gravy Peaches	8. Lasagna WG Garlic Toast Green Beans Pears	9. Scalloped Potatoes & Ham WG Roll Romaine Lettuce Salad Carrots Pineapple	10. Chicken Fajitas Peppers/Onions Beans & Rice Banana	11. SIP DAY EARLY RELEASE 11:30
14. NO SCHOOL COLUMBUS DAY	15. Spaghetti, Meat Sauce Bosco Stick Salad Green Beans Grapes	16. Open Faced Hot Turkey WG Bread Broccoli Mashed Potatoes, Gravy Applesauce	17. Taco in a Bag Zesty Beans Rice Peaches	18. Biscuit & Gravy Egg & Sausage Patty Hash brown Potatoes Strawberries
21. Chicken Burger WG Bun Tomato/Onion/Lettuce Baked Beans Sliced Orange	22. *NEW ITEM *Horseshoe Texas Toast, Beef Patty, French Fries, Cheese Sauce Peaches	23. All Beef Hot Dog, WG Bun Corn/Mexican Street Corn Pineapple	24. Pulled Pork Nachos Fresh Veggies Spinach Mandarin Oranges	25. Pizza Green Beans Fruit Slushy Apple Crisp
28. BBQ, WG Bun Green Beans WG Chips Pears	29. Chicken & Waffle Baked Beans Lettuce Salad Mixed Fruit	30. Cheeseburger WG Bun French Fries Dragon Juice	31. Vegetable Soup Grilled Cheese Sandwich Carrots Whole Apple	