



DAKOTA INDIANS

Our vision is to prepare all students to make positive contributions in an ever changing world.

Our Mission is that Dakota Community Unit School District #201 will educate our Students by providing quality and diverse learning opportunities while collaborating with the community.

September 2020

Dear Dakota School District Students, Parents, Staff, and Community Members:

I would like to welcome everyone back to the 2020-21 school year! This is definitely a start to the school year like none other! First, I would like to thank our parents, students, secretarial staff, teachers, custodians, bus drivers, food service and our community for all their overwhelming support during our reopening. We could not be happier with the results of our first weeks in school. It may look a little bit different, but it has been amazing to have our students and staff back in the classroom. We currently have about 11% of our students attending classes remotely. The remaining 89% are in-person learning. Currently we have 33 students enrolled in our Dual Credit program and 34 students attending Career Tech. Our summer facility project is almost finished. The summer construction project replaced both the elementary and high school roofs and the original boilers in both buildings; replaced 20 year old carpeting in the daycare, preschool and kindergarten rooms; added a turn lane to help

with congestion; remodeled both office entrances for added security measures; and added new parking lot lighting. The improvements will help make the learning environment at Dakota outstanding. Due to the COVID-19 outbreak, many of our extra-curricular activities have been postponed. The Band has been practicing using social distancing measures, recently performed "pop-up concerts" for our community. Our boys and girls golf teams are competing and our boys are currently 7-0! Boys and girls cross country teams have been practicing and getting ready for competitions against other area schools. Despite the obstacles, we are committed to making it the best possible year for our students.

-Jason Grey, Superintendent-

MORNING WELLNESS STUDENT SELF-CERTIFICATION

Thanks to all who remember to complete the daily student wellness screening in Skyward. COVID-19 has created new requirements. Thank you for complying.

SEPTEMBER 7TH – NO SCHOOL LABOR DAY

SEPTEMBER 11TH – 11:30 DISMISSAL - SCHOOL IMPROVEMENT DAY

PRE-K THROUGH 6TH GRADE SCHOOL PICTURES

School pictures for all elementary students will be Wednesday, September 16th. The order forms with price information will be sent home with students prior to picture day. You will have the option to order your package online through LIFETOUCH or complete the paper brochure and include payment before picture day. Instructions will be on the order forms.

STUDENT FEES & REGISTRATION

Student fees & online registration were due August 31st. With the strong possibility of remote learning at some point this year, technology is a must. Chromebook insurance (optional) was added to every student's fee portal. The \$30 fee covers cracked screens and malfunctions. The deadline to purchase is October 2nd.

Payment plans for all student fees can be made by contacting the district office @ 844-632-5682.

STUDENT SERVICES

Brittney Gerstner-Psychologist
Katie Ries-School Counselor
Diane Scaduto-Nurse
Kevin Cline-Assistant Principal
Tina Buske – Social Worker

SCHOLARSHIPS: As soon as scholarships become available, they will be listed outside the Guidance Office, included in future newsletters, and posted on the district website. Most of the scholarships posted over the next few months will be for the national and state level. Most local scholarships don't begin arriving until the spring.

FINANCIAL AID NIGHT: We are working on scheduling a Financial Aid Night with the Financial Aid Director at HCC. It will most likely be a remote meeting that will help teach parents the ins and outs of the financial aid process that is used at all colleges.

The financial aid filing period for students starting college in August of 2021 is October 1st.

TESTING:

October 14, 2020
SAT (required for 12th graders)
***Make-up for the test they missed last April**

PSAT: Juniors wishing to take the optional PSAT test on **October 14th** need to sign-up with Mrs. Ries during the month of

September. An explanation of the test will be given during U.S. History classes. The PSAT is a practice for the actual SAT test which all juniors will take this spring. This test also enters students in the prestigious National Merit Scholarship competition. Students must pay a \$15 fee on the day of the test to cover scoring costs, etc. *While completely optional, this is a great opportunity for serious college-bound students to practice taking an SAT test.*

What should your college-bound senior be doing in the month of September?

1. Completing on-line applications for all colleges they are seriously considering.
2. Looking to attend college open house days for schools they are interested in. Most schools will have visit days on Columbus Day in particular.
3. Encouraging their parents to attend the financial aid night.



STUDENTS EMOTIONAL WELL BEING

Children react in many different ways to events such as the Covid-19 outbreak. If you have concerns about your child's emotional well being in returning to school pertaining to Covid-19 issues or fears, please contact one of the staff members listed below. This applies to both in person learners as well as remote learners.

Tina Buske – Elementary Social Worker – tbuske@dakota201.com
(844) 632-5682 ext 209

Brittney Gerstner – District School Psychologist
bgerstner@dakota201.com
(844) 632-5682 ext 256

Katie Ries – JH/HS Counselor
kries@dakota201.com
(844) 632-5682 ext 382

NURSE'S NOTES

Physical Exams and Immunizations: State law requires that all children show proof of having a health examination and required immunizations by October 15th of the school year. A student must have a physical exam dated within one year prior to entering:

- Pre-Kindergarten
- Kindergarten
- 6th grade
- 9th grade
- Any new students to the school district
- 12th grade (Meningitis immunization only)

Students must show proof of immunizations required by Illinois state law:
Diphtheria, Tetanus, Pertusis(Whooping Cough), Polio, Measles, Mumps, Rubella, Haemophilus Influenzae (HIB), Hepatitis B, Varicella (Chickenpox), Meningitis, Pneumococcal.

Students in Pre-K and Kindergarten must show proof of a lead screening evaluation.

Dental Exams: State law requires students in Kindergarten, 2nd, 6th and 9th grades to submit proof of having a dental exam by May 15th of that school year.

Vision Exams: State law requires students in Kindergarten and any student enrolling for the first time in a public, private or parochial school to have proof of a comprehensive vision exam and required by October 15th of the school year.

*Children whose parents or legal guardians object to physical exam or to immunizations on religious grounds may submit appropriate documentation, including physician signature, explaining religious beliefs and request of exemption. Exemption may also be made upon medical need but must be submitted by the child's medical doctor.



Wearing Your Mask Halfway is Riskier Than You May Think

"Half-masking" it can be more dangerous than you may realize.

BY ISADORA BAUM

Aug 21, 2020



LAKSHMIPRASAD SGETTY IMAGES

So you're wearing a mask. Well, mostly. Ok, so you started to walk fast, and breathe hard, and it's just easier to pull that mask down a little bit under your nose, because, well, you're still wearing it, right?

Well, not in a way that will likely help you or help prevent the spread of the novel coronavirus, according to new research. Per a new [study](#) in the journal *Cell*, there are specific areas where COVID-19 is most likely to cause infection. And unfortunately, lots of people are not covering the main region where exposure is most prevalent. In other words, that half-mask habit could be leaving you far more vulnerable than you think. Here's why:

The coronavirus, it turns out, really likes your nose

In this study, the researchers engineered a SARS-CoV-2 reporter virus that was labeled with a fluorescent protein. This allowed them to search for and determine the mechanism by which the virus infects the respiratory tract.

"Interestingly, it was observed that the nasal regions had a higher susceptibility of SARS-CoV-2 infections, with subsequent seeding to the lower respiratory tract due to aspiration," says [Sunitha Posina, MD](#).

What does this mean? It's a preliminary finding that suggests that "the nose holds more potential to become infected compared to the remaining of the respiratory tract (such as the throat and lungs)," she says. "When someone does not wear a mask, they are more likely to become infected when they inhale through their nose," she explains.

And if someone is half-masking and they exhale, "they are likely to generate more potent infectious particles than if they exhaled via mouth, given that the nose has cells that have a higher affinity to become infected in comparison to the rest of the respiratory tract," she continues.

The study also gives rise to possibly exploring nasal and topical treatments in the future.

So having a mask on your face is one thing, but having a mask that actually covers both your nose and mouth at the same time is what you should be going for. It's so tempting to fudge it and try to make the whole mask thing a little easier to take. But pulling it off your nose may make COVID-19 much easier to get.

Dakota Breakfast & Lunch Menu SEPTEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Menu subject to change</i>	1 B-Muffin L-Memphis Mac & Cheese, Green Beans, Fresh Fruit	2 B-Cereal L-Chicken Tacos, Refried Beans, Fresh Fruit	3 B-Poptart L- Spaghetti, Dinner Roll Glazed Carrots, Fresh salad, Fruit Salad	4 B-Donuts L-Calzone, Corn, Applesauce
7 Labor Day No School	8 B-Cinnamon Roll L-Hot dog W/G bun, Fries, Peaches	9 B-Bagelful L- Pulled pork W/G bun, Coleslaw, Pears	10 B-Pancake Bites L- Biscuit & Gravy, Carrots, Applesauce	11 B-Granola Bar Early Release 11:30
14 B-Waffle L-Beef Stew, Corn Bread, Dragon Juice, Mixed Fruit	15 B-Muffin L- Chicken Patty, W/G bun, Fresh Veggie, Fruit Juice	16 B-Cereal L-Sub Sandwich, W/G bun, Fresh Veggie w/ Dip, Applesauce	17 B-Poptart L-Corn Dog, W/G Cheetos, Broccoli, Banana	18 B-Donuts L-Bosco Stick, Marinara, Wango Mango, Carrot Sticks
21 B-Cinnamon Roll L-Turkey Bacon Cheese Wrap, Sun Chips, Apple & Celery w/ Peanut Butter	22 B-Bagelful L-Cheeseburger W/G bun, Green Beans, Mixed Fruit	23 B-Pancake Bites L-Lasagna Roll Ups, W/G Garlic Toast, Tossed salad, Peaches	24 B-Waffle L-Chicken Fajitas, W/G Tortilla, Black Beans, Warm Apple Slices	25 B-Muffin L-Pulled Pork Nachos, Corn Salsa, Banana
28 B-Cereal L-Chicken & Biscuit, Mixed Veggies, Applesauce	29 B-Poptart L-Tacos, W/G Tortilla, Tossed Salad, Strawberries, Condiments	30 B-Donuts L- BBQ, Baked Beans, Coleslaw, Mixed Fruit.	Breakfast served with fruit, juice & choice of milk	Lunch served with choice of milk.

Dakota CUSD #201

September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 HSG @ Eastland, Lake Carroll Ski Hill 4:00	3 Beginning Band Rental Meeting 7:00 PM, DHS Music Room	4	5 Varsity Boys Golf @ Rock Falls Tournament, TBA
6	7 LABOR DAY NO SCHOOL	8 HS Golf (H)BoyGirls vs River Ridge Warren 4:00 HS Cross Country @ West Carroll 4:30	9	10	11 11:30 student dismissal (School improvement Day) HS Cross Country @ Byron 4:30	12
13	14	15 Board of Education Meeting - 6:00 HS Golf BoysGirls @ Polo, Sliver Ridge, Oregon 4:00	16	17 HS Golf, Boys and Girls @ Lena, Wolf Hollow, 4:00	18	19
20	21 HS Girls Golf @ Byron 4:00	22 HS Golf, Boys and Girls @ Stockton, Woodbine, 4:00	23	24 HS Golf Boys and Girls VS West Carroll and Warren, 4:00	25	26 HS Girls Golf @ Freeport Tournament, 9:00, Park Hills
27	28 HS Golf @ Galena, Boys and Girls, 4:00	29	30 HS Cross Country @ Eastland, Lake Carroll, 4:30			

Please Support the **Dakota Athletic Boosters** Fundraising Efforts

The Dakota Athletic Boosters is participating in the Northwest Illinois Daily Drawing to help support our student athletic teams.



The Northwest Illinois Daily Drawing Fundraiser is a drawing for cash prizes totaling over \$21,000! Cash prizes between \$50 and \$250 are awarded every day for an entire year (365 days).

A ticket can win multiple times throughout the year as each ticket remains in the drawing each day, no matter how often it is drawn.

This year's Daily Drawing runs from October 1, 2020 through September 30, 2021.

To Be Eligible to Win: Donate for a Ticket!

A single ticket is \$25 or 5 tickets for \$100 (the 5th ticket is free). Prize winnings will be mailed to winners on the 15th and last day of each month. A complete list of winners will be posted online twice monthly: www.facebook.com/northwestillinoisdailydrawing. A list of winners will also be published each month in Northwest Illinois area newspapers.

To Obtain Tickets: Fill out the form below and mail with payment!

Fill out the form below. Submit information only for the number of tickets you are donating for. Write a check for the proper amount payable to **Dakota Athletic Boosters**. Mail the form with payment to:

Kathy Sutherland 104 E. Carnifix St. Davis, IL 61019

If you have any questions, call/text Kathy at (815) 541-2011

Number of Northwest Illinois Daily Drawing tickets _____ Amount enclosed \$ _____

Names you wish on the tickets:

Name #1 _____ Name #2 _____

Name #3 _____ Name #4 _____

Name # 5 _____ (free if you donate \$100 for 4 tickets)

Purchaser's Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email _____

Thank you for your support!